



GROUP STUDY GUIDE

WEEK OF JUNE 22, 2025 | SHIELD OF FAITH

WARM-UP QUESTION

Take a moment to check in: How did your “I will” statements go this past week?

DISCUSS

Read Ephesians 6:13-18

- Why do you think faith is compared to a shield, rather than another piece of armor?
- What kind of flaming arrows (fear, noise, rejection, grief, temptation, doubt, etc.) are you identifying in your life?
- You won't raise the shield if you're not taking ground. Are you advancing in your faith? What habits or disciplines are necessary to grow a faith that can truly protect you?
- Roman shields were often interlocked in battle. What does this say about the importance of community and shared faith in spiritual warfare?

Read 1 Peter 4:1; 1 Peter 4:12-13

- What does it mean to “participate in the sufferings of Christ?” How is this different from suffering due to our own mistakes or sin?
- How does your view of God affect the way you process suffering? Do you see him as distant during trials or present with you through them?
- What is the difference between fiery trials you go through versus other life events that happen to you?
- How does having the kind of faith described in Hebrews 11:1 help you endure the kinds of trials Peter talks about in 1 Peter 4?

TAKE ACTION

What is God speaking to you? What is the next step of obedience you can take this week?

Craft a personal and practical “I will” statement:

- Keep it specific, realistic, and doable this week.
- Share your “I will” statement with the group for encouragement and accountability.